RF Microneedling (PiXel8-RF) Pre-Treatment Instructions

Medical Aesthetics Regenerative Center (MARC)

To ensure your safety and achieve the best possible results with your PiXel8-RF Microneedling treatment, please carefully review and follow the guidelines below.

Prior to treatment, you must inform our team of any relevant medical history or conditions, including:

- Pregnancy or suspected pregnancy
- History of cold sores or fever blisters
- Any known allergies
- Recent facial peels or surgical procedures
- All current medications, including prescription and over-the-counter products such as:
 - Accutane (Isotretinoin)
 - Tetracycline or other antibiotics
 - Hormone replacement therapy
 - Retin-A or retinoid-based products

Important: Patients must discontinue Accutane at least **6 months** prior to undergoing PiXel8-RF Microneedling.

Contraindications

RF Microneedling is not suitable for patients with electronic medical implants, including:

- Pacemakers
- Insulin pumps
- Left Ventricular Assist Devices (LVADs)
- Other electronic or metal implants that may interfere with the RF energy

Skin Preparation Guidelines

To reduce the risk of irritation or complications, please observe the following:

- Avoid self-tanning products, tanning beds, and direct sun exposure for at least two weeks prior to treatment.
- Discontinue use of irritating skincare products, such as Retin-A or the OBAGI system, for at least one week before your appointment.
- Refrain from taking NSAIDs (including Advil, Motrin, Aleve, and aspirin) for one week
 prior to treatment, unless medically necessary and approved by your provider.

Dental Considerations

If you have **dental crowns, caps, braces, or metal implants**, you may experience increased sensitivity during treatment. Your provider may use gauze or a tongue depressor to help protect and isolate these areas for your comfort.

For questions about your eligibility, medication use, or pre-treatment preparation, please contact **Medical Aesthetics Regenerative Center** at **704-868-6100** or visit <u>www.marc-wellness.com</u>.

We are here to ensure a safe and effective treatment experience. Thank you for trusting MARC with your care.