

Making the improbable POSSIBLE

Without the kind support of these generous individuals and organizations, lives would be lost to alcoholism and drug abuse. THANKS to them, the Progress House can help men end thier addictive behavior and learn new ways to take responsibility for their lives.

2013 Thousand Plus Club

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2013 Ten Thousand Plus Club

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Carl Van Rooy
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PROGRESS REPORT

An Update from the Progress House of Indianapolis

Q1 2014

- ▶ Beacon House Donated
- ▶ Featured Supporter
- ▶ As Bill Sees It
- ▶ Jim Malarney Memorial Fundraiser
- ▶ Making the Improbable Possible



The Progress House is a residential recovery community for men who want to end their addictive behavior and learn new ways to take responsibility for their lives.

Beacon House Gifted to the Progress House

Largest donation in the history of the Progress House was made in 2013.

For many years, Progress House has looked for ways to extend the range of services provided so that they could provide longer term support for those in need. Various models, often referred to as three-quarter and permanent housing, have been utilized within the area of addicitons for years to provide more ongoing support. This is a great need for many residents who have little support within the com-

munity and are limited on housing options because of their past.

In September of 2013, Progress House staff were approached by property management leader, Carl Van Rooy, who offered to donate the Beacon House to the Progress House. The Beacon House, similar to Progress House, has operated since the late 90's as a residential facility for individuals struggling to overcome chemical dependency issues. This gift included two 12 unit complexes that allowed Progress House to expand its capacity from 75 to 123 beds. ■



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Featured Supporter

Carl Van Rooy

The epitome of the American dream, Carl Van Rooy came from a very humble beginning. Growing up on a small dairy farm outside of Green Bay, Wisconsin, Carl attended the last one room schoolhouse in the state of Wisconsin. With a total enrollment of 11 children for grades first through eighth, Carl excelled to the point of being accepted to the University of Wisconsin. While working his way through college, Carl worked as a janitor and part-time bartender. In 1974, Carl received his bachelors degree in Urban Land Use Planning.

Carl quickly advanced in his chosen field after his graduation. The company where he had worked as a janitor offered him a position as a manager, and was promoted a year later to regional manager. In 1977, Carl decided to start his own property management company and began aggressively buying various properties in the Wisconsin area. Outside of property ownership, Carl's business ventures expanded to include property restoration and coin operated laundry.

The Van Rooy properties expanded to the Indianapolis area in 1982 and continued to expand. Carl made the decision to move his wife and two sons to Indiana in 1991, after his properties in Indiana exceeded those in Wisconsin. Although Van Rooy Properties began with only a few apartment units on college campuses the company now operates over 11,000 units throughout the Midwest. Over the years, Carl has continued to diversify the business beyond its role as a leader in property management, and redevelopment. Carl is of the philosophy, "There are no miracles in this business. We get the job done with good common sense and hard work." This philosophy starts at the top and permeates throughout the entire company.

Carl's interest in the recovery community stemmed

from his good friend in the addictions field, Rick Gustafson. This interest led to his partnership with Rick to form the Beacon House in 1999. The Beacon House was a residential recovery facility that focused on working with the chronically addicted community. The Beacon House consisted of two 12 unit apartment complexes that had the capacity for 96 residents total. This facility was one of the largest residential recovery facilities in the state of Indiana.

This partnership between Carl Van Rooy and Rick Gustafson worked well until Rick retired.

Since that time, Carl states that he wanted to partner with an organizational leader within the field of addictions to continue the mission established by the Beacon House in 1999.

In September 2013, Carl approached Progress House, to offer to donate the Beacon House. Knowing the financial state of the Beacon House, Carl offered to donate \$90,000 to help with the transitional costs associated with taking over the business. The donation of the two apartment complexes

along with the operational support had a combined contribution value of \$1,040,000, making it the largest donation in the history of Progress House. On January 1, 2014, Progress House took over ownership of the Beacon House, renaming it the Progress House 'Next Step Program.'

Although Carl could have turned the Beacon House properties into standard apartment complexes, he stated that it was important to him that the mission of the Beacon House be preserved. As Carl states, "I donated to the Progress House because of the rich 50 year plus history, solid staff, and solid board of directors. I hope my donation will help enhance and preserve recovery and will expand the services provided by Progress House."



As Bill Sees It

As indicated elsewhere in this newsletter, Progress House has embarked on an exciting expansion of our program. For the past several months, I have been overseeing the transition and program implementation of our PH Next Step (PHNS) and PH Permanent Housing (PHPH) programs.

We previously had developed an "in house" Next Step pilot program which was quite successful over the last year and were exploring options concerning how to develop this program on a larger scale. Around September of last year, Progress House was approached with a very generous offer made by Carl Van Rooy.

Among the many challenges encountered were record cold temperatures and blizzard like conditions, but we were able to transition a small but intrepid contingent from Progress House to the new facility. Two additional alumni of Progress House have become Resident Staff. Both Keith and Shane have been doing a great job during this difficult but exciting time! In addition, without exception, every resident has stepped up and has given of themselves to facilitate the success of this new opportunity. We have also had several former



Beacon House residents "transition in place" and they too are very excited about the changes taking place.

Our Next Step Program allows men who have successfully completed at least six months at Progress House to transition to a more independent but still highly structured apartment environment. Our Permanent Housing program allows men with at least nine months at Progress House to transition into an even more independent residential program along with the opportunity to reunite with families by having their children and/or spouses live with them. Again, there is a high

degree of accountability and responsibility within a safe, structured therapeutic community of recovery.

This expansion of the "continuum of care" within the Progress House model is something that we have been praying, wishing and working for a long time. I would like to thank all those who support PH; the Board, Staff, residents and families and community. Progress House is making a difference, one day at a time, one man at a time, one family at a time we are building a better world.

Date Set for 2014 Jim Malarney Memorial Golf Outing

Despite all of the snow that we have had this year, preparations have already begun for the planning of the 3rd Annual Jim Malarney Memorial Golf Outing. We are looking forward to one of our best golf outings ever. This year's event will be conducted on Tuesday, June 10th at South Grove Golf Course in Indianapolis.

This event is one of two primary fundraisers conducted annually by the Progress House to help support the continued operations of the facility. Approximately 70% of the operating budget of the Progress House is generated through rent income generated by program participants. This leaves a remaining 30% that must be obtained through fundraising in order to continue operations. For this reason, the support of community partners is absolutely critical to our mission.

If you are interested in supporting this event, please contact Tadd Whallon for more information at twhallon@progresshouse.org.

